



Skagit Senior Lunch Menu - February 2012

Anacortes Burlington Clear Lake Concrete La Conner Mount Vernon Sedro-Woolley
 293-7473 755-0102 856-1023 853-8400 466-3941 336-5757 855-1531

* All meals also include a vegetable, salad and/or fruit, dinner roll or specialty bread and milk *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<i>1</i>	<i>2</i>	<i>3</i>
		Stuffed Baked Potato with Hamburger Stroganoff served with a Roll	Turkey Dinner with Stuffing served with Mashed Potatoes and Gravy	Three Bean Chili served with Cornbread
<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>
Stuffed Peppers served with AuGratin Potatoes	Hot Italian Meatball Sub served with Vegetable Tortellini Salad	Herb Baked Chicken served with Roasted Potatoes	Homemade Potato Corn Chowder served with a Salmon Burger	Fiesta Casserole served with Mexican Corn and Spanish Rice
<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>
Braised Pork Tips in Gravy served with Mashed Potatoes	*Valentine's Day* Shrimp Scampi over Buttered Linguini served with Vegetables, Fruit, Crab & Pea Salad, Roll, and Chocolate Truffle Cake	Salisbury Steak served with Mashed Potatoes and Gravy	Beef Taco Salad served with a Banana and Breadstick	Chicken Ala King over Rice served with Italian Tomato Salad and a Roll
<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>
CLOSED 	*NEW ITEM* Eggs Florentine served with Sausage Links and Hash Browns	Tomato Vegetable Soup served with a Turkey and Swiss Sandwich	BBQ Ribs served with Oven Browned Potatoes	Meat Lasagna served with Caesar Salad and Birthday Cake
<i>27</i>	<i>28</i>	<i>29</i>		
Crab Cakes served with JoJo Potatoes and Coleslaw	Chicken Marsala over Rice served with Cook's Choice Salad	Pot Roast served with Mashed Potatoes and Gravy		

Meals served at 12:00 pm at most Meal Sites; 11:30am -12:30pm at the Anacortes and Burlington Senior Centers