

## Lunch Menu - Aug 2009

**Anacortes**    **Burlington**    **Clear Lake**    **Concrete**    **La Conner**    **Mount Vernon**    **Sedro-Woolley**  
**293-7473**    **755-0102**    **856-1023**    **853-8400**    **466-3941**    **336-5757**    **855-1531**

\* All meals also include a vegetable, salad and/or fruit, dinner roll or specialty bread and milk \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Sloppy Joes served with Tatar Tots	<b>4</b> Tamale Pie with Cornbread served with Cucumber Salad	<b>5</b> Turkey Club Wrap served with Tomato Soup	<b>6</b> Swedish Meatballs served with Mashed Potatoes & Gravy	<b>7</b> Chicken A La King over Rice served with Asian Coleslaw
<b>10</b> Penne with Meat Sauce served with Garlic Bread	<b>11</b> Meatloaf served with Mashed Potatoes & Gravy	<b>12</b> Baked Ham served with Au Gratin Potatoes	<b>13</b> Cobb Salad served with a Breadstick	<b>14</b> BBQ Pulled Pork Sandwich served with Baked Beans
<b>17</b> Country Fried Steak served with Mashed Potatoes & Gravy	<b>18</b> Baked Chicken with Stuffing served with a Biscuit & Honey	<b>19</b> Cottage Pie with Mashed Potatoes served with Bread Pudding	<b>20</b> <b>Senior Day in the Park</b> Salad Trio w/ Cranberry Chicken Salad, Tortellini Vegetable Salad, Tomato Feta Salad served with Fresh Melon	<b>21</b> Chili Macaroni & Cheese served with Spinach Salad
<b>24</b> Stuffed Bell Peppers served with a Brownie	<b>25</b> Seasoned Beef Taco Salad served with Garlic Bread	<b>26</b> Vegetable Lasagna served with Ceasar Salad	<b>27</b> Hawaiian Chicken served with Rice Pilaf	<b>28</b> Roast Turkey served with Stuffing and Birthday Cake
<b>31</b> Crab Cakes served with Potato Wedges				