


Skagit Senior Lunch Menu - May 2012

Anacortes Burlington Clear Lake Concrete La Conner Mount Vernon Sedro-Woolley
 293-7473 755-0102 856-1023 853-8400 466-3941 336-5757 855-1531

* All meals also include a vegetable, salad and/or fruit, dinner roll or specialty bread and milk *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
	Turkey Pot Pie with Vegetables served with Cook's Choice Salad	Chili Stuffed Baked Potato served with Vegetables and V8 Juice	Meatloaf served with Mashed Potatoes and Gravy	*Cinco De Mayo Lunch* Shredded Pork Enchiladas served with Spanish Rice and Tres Leche Cake
<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>
Macaroni and Cheese with Ham served with Caesar Salad	Cheeseburgers served with Tatar Tots and Baked Beans	Crab Cakes served with Au Gratin Potatoes	*Mother's Day Lunch* Shrimp Scampi over Buttered Linguini served with Crab and Pea Salad	Chef Salad served with Orange Sections and a Breadstick
<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>
Polish Sausage with Sauerkraut served with Cook's Choice Potato	Beef Taco Salad served with Fruit and a Roll	Sausage and Chicken Gumbo over Rice served with Green Salad	Tomato Vegetable Soup served with Turkey and Cranberry Cream Cheese on Croissant	Sheppard's Pie with Mashed Potatoes served with Birthday Cake
<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>
Country Fried Steak served with Mashed Potatoes and Country Gravy	*New Item* Roasted Tilapia in Sundried Tomato Sauce served with Garlic Dill Potatoes	Pot Roast served with Mashed Potatoes and Gravy	Cajun Chicken Breast served with Dirty Rice	CLOSED - County Furlough Day
<i>28</i>	<i>29</i>	<i>30</i>	<i>31</i>	
CLOSED - Memorial Day	Stuffed Green Bell Peppers served with Roasted Potatoes	Swedish Meatballs served with Mashed Potatoes and Gravy	BBQ Ribs served with Oven Browned Potatoes	

Meals served at 12:00 pm at most Meal Sites; 11:30am -12:30pm at the Anacortes and Burlington Senior Centers